

CTO-Cervical Thoracic Orthosis Wear & Care

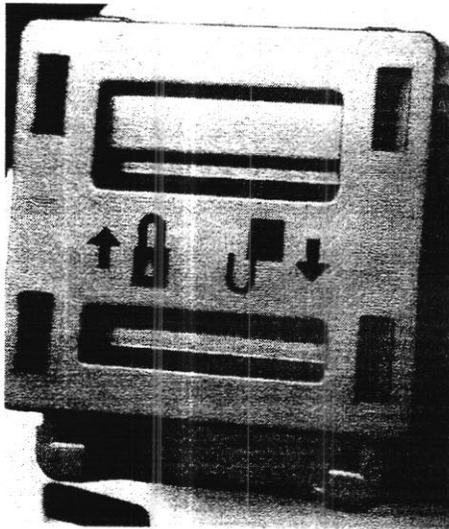
This brace prevents the patient from bending or rotating their neck and offers post-operative support and immobilization during the healing process.

Carefully follow all instructions provided by the practitioner and your prescribing physician.

Your device should only be removed to wash your face and neck and to change clean the liners, unless otherwise instructed by your physician.

How to Apply

1. Face a mirror, if possible, to make it easier to reapply the device.
2. To reapply the device, place the front part of the brace with the chin portion on your neck.
3. While securely holding the front portion to your neck, carefully position the back portion around the back of your neck, pull the straps forward until the device is snug, and insert the straps into buckles and secure it.



Please note on the buckle the images for lock/unlock and arrows for sliding buckle.

- b. Make sure the buckles are position correctly. If they are positioned backwards you will not be able to secure the strap.

How to Remove

1. To remove the device, release the buckles and slide the straps out on one side of the device, carefully remove the device and set it aside.
2. Keeping your neck still and straight, gently wash and thoroughly dry your face and neck.
3. If necessary, replace liners with clean, dry liners.

Cleaning and Care

CAUTION It is important to ensure the device is kept clean and dry.

Do NOT use a washing machine, dryer, bleach, or harsh chemicals to clean the device.

1. Remove the three liners that are attached to the plastic shell with hook and loop.
2. Handwash the liners with mild soap and water.
3. Rinse thoroughly and gently squeeze to remove excess water. Allow to air dry thoroughly, approximately 6-8 hours.
4. The plastic shell can be cleaned with mild soap and water, if needed. Towel dry thoroughly