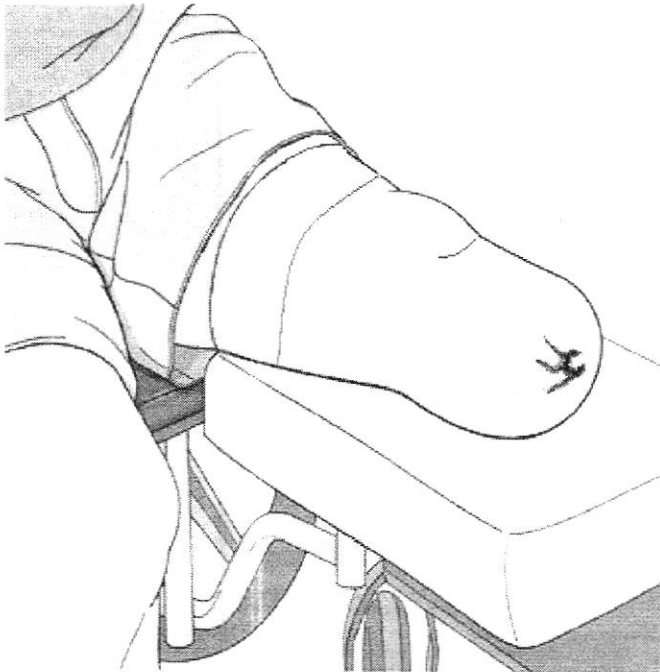
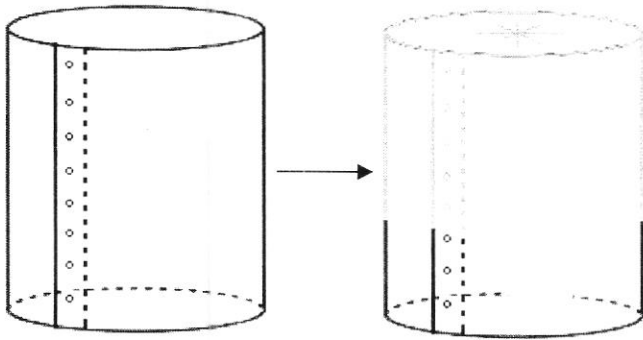


STREAMLINE ORTHOTICS & PROSTHETICS, LLC

Instructions for Post-Op Prosthetic Compression Garments

This is a **Prosthetic Shrinker** for a below-knee amputation. It serves the same purpose as an ACE Wrap. This sock is meant to provide mild compression to help prevent and reduce swelling after surgery. There are two layers to the shrinker, separated by a small, white, plastic ring. The two layers should not meet at the same place. Try to have 2-4 inches between the ends when the shrinker is on the residual limb.



This is a **Donning Can**. Its purpose is to help in putting on prosthetic shrinkers and socks. Rather than pulling the entire length of the shrinker over the healing incision line, the can allows a more gentle method for donning.

1. Place the plastic ring a little past halfway on the shrinker.
2. Stretch the long half over the can, making the surface as flat as possible.
3. Ask the patient to lift their residual limb or have another individual manual position.
4. GENTLY place the taught surface to the end of the limb.
5. Slowly bring the can proximal as you let more and more slack over the edge.
6. Smooth out any wrinkles
7. Repeat steps 2 through 6 for the second (shorter) layer of the shrinker.