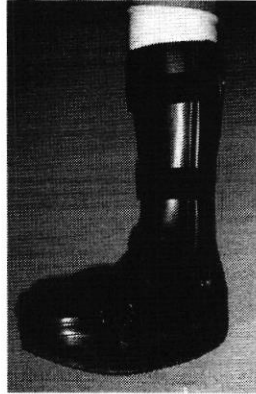


Crow Walker (Charcot Restraint Orthotic Walker)



How to put on the brace:

1. Apply a cotton stockinette or a long, thin, cotton sock to leg.
2. Slide the CROW into position, ensuring that the heel is fully seated within the CROW boot. The heel needs to be back all the way and in contact with the bottom of the footplate. Check by looking along the sides and the back where it is separated above the heel.
3. Apply the front section of the device, making sure it's sides overlap the back section.
4. Apply the instep strap on the front of the ankle.
5. Fasten all remaining straps.
6. Skin should be checked for redness that does not go away after approximately 15 minutes. Slight redness is common over the instep and under the ball of the foot.

Your orthotist will have shown you how to put on and remove the orthosis at the time of delivery. If you notice that your skin is pink and irritated for longer than an hour after removing the brace an adjustment might be necessary. It should not cause any sharp or stabbing pain or create bruises, calluses or blisters. Should this occur, call us immediately and arrange an appointment for an adjustment. Please call to make an appointment at our office for an adjustment.

Cleaning

- ✓ Any part of the body covered by the brace should be washed daily.
- ✓ The body should be completely dry before wearing the brace.
- ✓ Plastic braces should be cleaned with alcohol or mild soap and water.
- ✓ Do not soak the brace in water.
- ✓ Do not dry the brace with a blow drier or heater.
- ✓ Your brace should be towel dried and left to dry at room temperature.
- ✓ If any part of your brace cracks or breaks please make an appointment at our office for repair.

Follow up Visits

Follow the break in procedure properly and all special instructions to insure that the orthosis provides the greatest degree of function. If changes in condition (strength/weight/etc) occur, call us to re-evaluate the orthosis.

Future visits and orthotic maintenance checks may also be scheduled as determined by your individual needs.

Orthosis with joints require greater attention. Metal joints and the like require evaluation every 6 months to insure they are working properly. Any changes in orthosis must be evaluated by us as soon as possible. By following this schedule it will offer you peace of mind and assurance that your orthosis is offering you maximum support, comfort and assistance.

See our warranty and also note that we are here to repair and adjust orthosis as needed. Repairs by negligence, accident, misuse or abuse will not be covered, but each is taken on a individual evaluation. We are not responsible for any misuse of the orthosis. This includes use beyond normal activities to which the orthosis can withstand.